

# Parent Connection

**A Resource Guide for Parents & Service Providers  
in Northern Virginia**

**SUMMER/FALL 2020**

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# Parent Connection

## ABOUT THIS PARENT RESOURCE GUIDE



The **Parent Connection Resource Guide** is a semi-annual publication that helps service providers find parenting classes, parent support groups, playgroups and a variety of other parenting resources for the parents and families they work with throughout Northern Virginia.

This publication is available online at SCAN's website ([www.scanva.org](http://www.scanva.org)) by clicking on "Family Programs" or you can click [here](#).



If your agency has programs that you would like included, or if you would like to learn more, please contact SCAN at 703-820-9001 or send an email to [info@scanva.org](mailto:info@scanva.org).

**SCAN**  
of Northern Virginia

Main Office  
205 S. Whiting Street, Suite 205  
Alexandria, VA 22304

Loudoun Office  
18 Export Drive  
Sterling, VA 20164

703-820-9001 • [info@scanva.org](mailto:info@scanva.org)  
[www.scanva.org](http://www.scanva.org)

### JUMP TO:

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[Parenting Resources 15](#)

### LOOK FOR THESE ICONS:



Program offered  
in **Spanish** or other  
language(s)



**Childcare** or **Children's  
Program** provided

**PLEASE NOTE:** SCAN of Northern Virginia is not responsible for planning, hosting or managing the diverse programs listed in this guide, except those listed as sponsored by SCAN. Most have been submitted by external community organizations and agencies and changes and/or cancellations can occur. Please use the contact information in each listing for more information.



## PADRES COMPROMETIDOS

### **Edu Futuro**

Program offered for immigrant parents of middle and high school students to help them to build the capacity to acquire the skills they need to effectively engage with schools and play a leading role in preparing their children for college.

**No. of Weeks:** 7

**Date:** Tuesdays - September 22 to November 3, 2020

**Time:** 6:00pm to 8:00pm

**Location:** Gilliam Place Apartments - 918 S Lincoln St, Arlington, VA 22204

**Cost:** FREE

**Contact / Phone:** Olga Oliveros, 703-587-3934

**E-mail:** [olga@edu-futuro.org](mailto:olga@edu-futuro.org)

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH



## STRENGTHENING FAMILIES (AGES 10-14)

### **Edu Futuro**

Workshops to help parents learn nurturing skills that support their children, teaches them how to effectively discipline and guide their youth, gives youth a healthy future orientation and an increased appreciation of their parents, and teaches youth skills for dealing with stress and peer pressure.

**No. of Weeks:** 1

**Date:** Thursdays - October 1 to November 12, 2020

**Time:** 6:00pm to 8:30pm

**Location:** The Springs Apartments - 555 North Thomas Street, N Carlin Springs Rd, Arlington, VA 22203

**Cost:** FREE

**Contact / Phone:** Olga Oliveros, 703-587-3934

**E-mail:** [olga@edu-futuro.org](mailto:olga@edu-futuro.org)

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** ENGLISH



## STRENGTHENING FAMILIES (AGES 10-14)

**Arlington Dept. of Human Services, Child and Family Services Division**

**Cost:** FREE

**Contact Person and Phone:** Leonardo Espiña, 571-400-8855

**E-mail:** [lespina@arlingtonva.us](mailto:lespina@arlingtonva.us)

**Website:** <https://family.arlingtonva.us/sfp/>

**Language(s):** ENGLISH & SPANISH



# Parent Classes / FAIRFAX



## STRENGTHENING FAMILIES (AGES 10-14)

### SCAN of Northern Virginia

**Cost:** FREE

**Dates and Times:**

Parents – 5-6 pm Wednesdays, October 7th – December 2nd, 2020

Youth – 5-6 pm Mondays, October 12th – December 7th, 2020

Families – 6-7 pm Mondays, October 12th – December 7th, 2020

**Contact Person and Phone:** Kristy Ferrufino, 703- 672-1410

**E-mail:** [kferrufino@scanva.org](mailto:kferrufino@scanva.org)

**Website:** [www.scanva.org/support-for-parents/parent-education-program/](http://www.scanva.org/support-for-parents/parent-education-program/)

**Language(s):** ENGLISH & SPANISH



## NAVIGATING THE TWEEN AND TEEN YEARS

### SCAN of Northern Virginia

**Date and Time:** 5-7pm Tuesdays, October 13th – December 1st, 2020

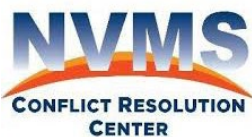
**Cost:** FREE

**Contact Person and Phone:** Kristy Ferrufino, 703-672-1410

**E-mail:** [kferrufino@scanva.org](mailto:kferrufino@scanva.org)

**Website:** [www.scanva.org/support-for-parents/parent-education-program/](http://www.scanva.org/support-for-parents/parent-education-program/)

**Language(s):** ENGLISH & SPANISH



## TWO PARENTS, TWO HOMES

### NVMS Conflict Resolution Center (formerly the Northern Virginia Mediation Service)

Learn about and share with others your experience in the challenges of parenting from separate homes, the challenges this poses for your child, how to be more involved in your child's life, how to improve communication between you and your child's other parent, the many ways to communicate with your child, and ways to prevent and resolve conflicts. Both parents are not required to attend but may take the class together if they would like. This class is offered free of charge to parents with open Division of Child Support Enforcement cases by the Virginia Department of Social Services.

**Description of Program:** No. of weeks: One 4-hour session

**Dates:** Saturdays, check website for dates

**Time:** 9:00 a.m. – 1:00 p.m.

**Location:** Location will be provided after registration. Phone registration only.

**Cost:** FREE to parents with open Division of Child Support Enforcement cases

**Contact:** 703-865-7263

**Webpage:** [www.nvms.us](http://www.nvms.us), [search for programs](#), [court referral/co-parenting](#)

**Language(s):** ENGLISH & SPANISH





## PARTICIPA...IN MY EDUCATION

### **Edu Futuro**

For parents of elementary students. To help them understand the US. school system, become active participants in the academic and social aspect of their child's education and advocate for them. \*Dinner and childcare provided.

**No. of Weeks:** 7

**Date:** TBD, **Time:** TBD

**Location:** Woodburn ES \*Heritage Building (7611 Little River Turnpike, Annandale, VA 22003) or Virtual

**Cost:** FREE

**Contact / Phone:** Maria Mateus (703) 924-8316

**E-mail:** maria@edu-futuro.org

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH



## PARTICIPA...IN MY EDUCATION

### **Edu Futuro**

For parents of elementary students. To help them understand the US. school system, become active participants in the academic and social aspect of their child's education and advocate for them. \*Dinner and childcare provided.

**No. of Weeks:** 7

**Date:** TBD, **Time:** TBD

**Location:** Forestdale ES (6530 Elder Ave, Springfield, VA 22150) or Virtual

**Cost:** FREE

**Contact / Phone:** Maria Mateus (703) 924-8316

**E-mail:** maria@edu-futuro.org

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** ENGLISH



## PARTICIPA...IN MY EDUCATION

### **Edu Futuro**

For parents of elementary students. To help them understand the US. school system, become active participants in the academic and social aspect of their child's education and advocate for them. \*Dinner and childcare provided.

**No. of Weeks:** 7

**Date:** TBD, **Time:** TBD

**Location:** Fairhill ES (3001 Chichester Ln, Fairfax, VA 22031) or Virtual

**Cost:** FREE

**Contact / Phone:** Maria Mateus (703) 924-8316

**E-mail:** maria@edu-futuro.org

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH







## PARTICIPA...IN MY EDUCATION

### **Edu Futuro**

For parents of elementary students. To help them understand the US. school system, become active participants in the academic and social aspect of their child's education and advocate for them. \*Dinner and childcare provided.

**No. of Weeks:** 7

**Date:** TBD, **Time:** TBD

**Location:** Pine Spring ES (7607 Willow Ln, Falls Church, VA 22042) or Virtual

**Cost:** FREE

**Contact / Phone:** Maria Mateus (703) 924-8316

**E-mail:** maria@edu-futuro.org

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH



## PARTICIPA...IN MY EDUCATION

### **Edu Futuro**

For parents of elementary students. To help them understand the US. school system, become active participants in the academic and social aspect of their child's education and advocate for them. \*Dinner and childcare provided.

**No. of Weeks:** 7

**Date:** TBD, **Time:** TBD

**Location:** Coates ES (2480 River Birch Rd, Herndon, VA 20171) or Virtual

**Cost:** FREE

**Contact / Phone:** Maria Mateus (703) 924-8316

**E-mail:** maria@edu-futuro.org

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH



## STRENGTHENING FAMILIES 10-14

### **Edu Futuro**

For parents and their children ages 10-14 to develop strategies to resist peer pressure that leads to risky behaviors. Parents learn how to supervise their adolescents in a more active and pro-active way and to stimulate healthy and positive family reunions that according to research, decrease family conflicts and contribute to lower levels of substance use and abuse. \*Dinner and childcare provided.

**No. of Weeks:** 7

**Date:** TBD, **Time:** TBD

**Location:** Marshall Rd ES (730 Marshall Rd SW, Vienna, VA 22180)

**Cost:** FREE

**Contact / Phone:** Maria Mateus (703) 924-8316

**E-mail:** maria@edu-futuro.org

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH





## STRENGTHENING FAMILIES 10-14

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**No. of Weeks:** 7

**Date:** TBD, **Time:** TBD

**Location:** Lanier MS (3801 Jermantown Rd, Fairfax, VA 22030)

**Cost:** FREE

**Contact / Phone:** Maria Mateus (703) 924-8316

**E-mail:** maria@edu-futuro.org

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH



## STRENGTHENING FAMILIES 10-14

### **Edu Futuro**

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**No. of Weeks:** 7

**Date:** TBD, **Time:** TBD

**Location:** Hutchison ES (3801 Jermantown Rd, Fairfax, VA 22030) or Virtual

**Cost:** FREE

**Contact / Phone:** Maria Mateus (703) 924-8316

**E-mail:** maria@edu-futuro.org

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH



## STRENGTHENING FAMILIES 10-14

### **Edu Futuro**

For parents and their children ages 10-14 to develop strategies to resist peer pressure that leads to risky behaviors. Parents learn how to supervise their adolescents in a more active and pro-active way and to stimulate healthy and positive family reunions that according to research, decrease family conflicts and contribute to lower levels of substance use and abuse. \*Dinner and childcare provided.

**No. of Weeks:** 7

**Date:** TBD, **Time:** TBD

**Location:** Frost MS (4101 Pickett Road, Fairfax, VA 22032)

**Cost:** FREE

**Contact / Phone:** Maria Mateus (703) 924-8316

**E-mail:** maria@edu-futuro.org

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH





## STRENGTHENING FAMILIES 10-14

### **Edu Futuro**

For parents and their children ages 10-14 to develop strategies to resist peer pressure that leads to risky behaviors. Parents learn how to supervise their adolescents in a more active and pro-active way and to stimulate healthy and positive family reunions that according to research, decrease family conflicts and contribute to lower levels of substance use and abuse. \*Dinner and childcare provided.

**No. of Weeks:** 7

**Date:** TBD, **Time:** TBD

**Location:** London Towne ES (6100 Stone Rd, Centreville, VA 20120)

**Cost:** FREE

**Contact / Phone:** Maria Mateus (703) 924-8316

**E-mail:** maria@edu-futuro.org

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH



## STRENGTHENING FAMILIES 10-14

### **Edu Futuro**

For parents and their children ages 10-14 to develop strategies to resist peer pressure that leads to risky behaviors. Parents learn how to supervise their adolescents in a more active and pro-active way and to stimulate healthy and positive family reunions that according to research, decrease family conflicts and contribute to lower levels of substance use and abuse. \*Dinner and childcare provided.

**No. of Weeks:** 7

**Date:** TBD, **Time:** TBD

**Location:** Virginia Run ES (15450 Martins Hundred Dr, Centreville, VA 20120)

**Cost:** FREE

**Contact / Phone:** Parent Support Specialist - Maria Mateus (703) 924-8316

**E-mail:** maria@edu-futuro.org

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH



## PADRES COMPROMETIDOS

### **Edu Futuro**

For parents of children in middle and/or high school. To learn to navigate the United States public school system, develop goals for their children to ensure they attend college or post high school education, understand the academic requirements for college readiness and model behaviors at home that encourage and promote positive behaviors.

**No. of Weeks:** 7

**Date:** TBD, **Time:** TBD

**Location:** Hayfield SS (7630 Telegraph Rd, Alexandria, VA 22315) or Virtual

**Cost:** FREE

**Contact / Phone:** Parent Support Specialist- Maria Mateus (703) 924-8316

**E-mail:** maria@edu-futuro.org

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH







## PADRES COMPROMETIDOS

### Edu Futuro

For parents of children in middle and/or high school. To learn to navigate the United States public school system, develop goals for their children to ensure they attend college or post high school education, understand the academic requirements for college readiness and model behaviors at home that encourage and promote positive behaviors.

**No. of Weeks:** 7

**Date:** TBD, **Time:** TBD

**Location:** West Springfield HS (6100 Rolling Rd, West Springfield, VA 22152) or Virtual

**Cost:** FREE

**Contact / Phone:** Maria Mateus (703) 924-8316

**E-mail:** maria@edu-futuro.org

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH



## PADRES COMPROMETIDOS

### Edu Futuro

For parents of children in middle and/or high school. To learn to navigate the United States public school system, develop goals for their children to ensure they attend college or post high school education, understand the academic requirements for college readiness and model behaviors at home that encourage and promote positive behaviors.

**No. of Weeks:** 7

**Date:** TBD, **Time:** TBD

**Location:** Carson MS (13618 McLearen Rd, Herndon, VA 20171) or Virtual

**Cost:** FREE

**Contact / Phone:** Maria Mateus (703) 924-8316

**E-mail:** maria@edu-futuro.org

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH



## LIFESKILLS TRAINING FOR MIDDLE SCHOOLERS

### Formed Families Forward

**Cost:** FREE, but must preregister

**Contact / Phone:** 703-539-2904

**E-mail:** kelly.henderson@formedfamiliesforward.org

**Website:** [www.formedfamiliesforward.org](http://www.formedfamiliesforward.org)

**Language(s):** ENGLISH



## AFRICAN AMERICAN PARENTING CLASSES

**Fairfax County Dept. Of Family Services**

**Cost:** FREE

**Contact Person and Phone:** Natalie Bailey, 703-324-3617 or Lisa Payne-Chesley, 703-324-7734

**E-mail:** [parentingeducation@fairfaxcounty.gov](mailto:parentingeducation@fairfaxcounty.gov)

**Website:** [www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs](http://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs)

**Language(s):** ENGLISH



## 0-4 AGE RANGE PARENTING CLASS

**Fairfax County Dept. Of Family Services**

**Cost:** FREE

**Contact Person and Phone:** Janet Little 703-324-7501

**E-mail:** [parentingeducation@fairfaxcounty.gov](mailto:parentingeducation@fairfaxcounty.gov)

**Website:** <https://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs>

**Language(s):** ENGLISH & SPANISH



## 5-11 AGE RANGE PARENTING CLASS

**Fairfax County Dept. Of Family Services**

**Cost:** FREE

**Contact Person and Phone:** Marcus Garr 703-324-7737, Mario Prada 703-324-7405, Debi Hackney 703-324-7790

**E-mail:** [parentingeducation@fairfaxcounty.gov](mailto:parentingeducation@fairfaxcounty.gov)

**Website:** <https://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs>

**Language(s):** ENGLISH & SPANISH



## 12-18 AGE RANGE PARENTING CLASS

**Fairfax County Dept. Of Family Services**

**Cost:** FREE

**Contact Person and Phone:** Marcus Garr 703-324-7737

**E-mail:** [parentingeducation@fairfaxcounty.gov](mailto:parentingeducation@fairfaxcounty.gov)

**Website:** <https://www.fairfaxcounty.gov/familyservices/children-youth/parenting-education-programs>

**Language(s):** ENGLISH & SPANISH



# Parent Classes / FAIRFAX



## DADS PARENTING GROUP (VIRTUAL UNTIL FURTHER NOTICE)

**Fairfax County Department of Family Services Father Engagement Unit**

**Cost:** FREE

**Contact Person and Phone:** Bennie Herron 571-474-6822 or Kimberly Torres 703-324-3064

**E-mail:** bennie.herron@fairfaxcounty.gov or Kimberly.torres@fairfaxcounty.gov

**Website:** [www.fairfaxcounty.gov/familyservices/children-youth/father-engagement](http://www.fairfaxcounty.gov/familyservices/children-youth/father-engagement)

**Language(s):** ENGLISH



## FAMILIES REUNITE: IMMIGRANT FAMILY REUNIFICATION PARENTING CLASS

**Family and School Partnerships, Fairfax County Public Schools**

**Cost:** FREE

**Contact Person and Phone:** Paulina Hildago, 703-204-4342

**E-mail:** PCHildago@fcps.edu

**Website:** <https://www.fcps.edu/resources/family-engagement/immigrant-family-reunification-program>

**Language(s):** SPANISH



## CO-PARENTING: TWO PARENTS, TWO HOMES

**Fairfax County Public Schools, Family and School Partnerships**

**Cost:** \$40 per person/ \$60 per couple (Reduced rates available for financial need)

**Contact / Phone:** Ann Warshauer 703-204-4344 (English) or 703-204-4351 (Spanish)

**E-mail:** alwarshauer@fcps.edu

**Website:** <https://www.fcps.edu/> and search for "Parenting Class"

**Language(s):** ENGLISH & SPANISH





# Parent Classes / ALEXANDRIA CITY



## NURTURING PARENTING PROGRAM

### SCAN of Northern Virginia

**Date:** Thursdays, October 8th – December 3rd, 2020

**Cost:** FREE

**Contact / Phone:** Kristy Ferrufino, 703-672-1410

**E-mail:** [kferrufino@scanva.org](mailto:kferrufino@scanva.org)

**Website:** <https://www.scanva.org/support-for-parents/parent-education-program/>

**Language(s):** ENGLISH

# Parent Classes / PRINCE WILLIAM



## SYSTEMATIC TRAINING FOR EFFECTIVE PARENTING (STEP)

### Virginia Cooperative Extension, Prince William County

**Cost:** \$40

**Contact Person and Phone:** 703-792-6288, Spanish speakers call 703-792-5940

**E-mail:** [parenteducation@pwcgov.org](mailto:parenteducation@pwcgov.org)

**Website:** [pwcgov.org/parenting](http://pwcgov.org/parenting)

**Language(s):** ENGLISH & SPANISH



## JUVENILE JUSTICE PARENTING PROGRAM (JJPP)

### Virginia Cooperative Extension, Prince William County

**Cost:** \$40

**Contact Person and Phone:** 703-792-6288, Spanish speakers call 703-792-5940

**E-mail:** [parenteducation@pwcgov.org](mailto:parenteducation@pwcgov.org)

**Website:** [pwcgov.org/parenting](http://pwcgov.org/parenting)

**Language(s):** ENGLISH & SPANISH



## Parent Classes / PRINCE WILLIAM



### WHEN FAMILIES GET ANGRY (WFGA)

**Virginia Cooperative Extension, Prince William County**

**Cost:** \$40

**Contact Person and Phone:** 703-792-6288, Spanish speakers call 703-792-5940

**E-mail:** [parenteducation@pwcgov.org](mailto:parenteducation@pwcgov.org)

**Website:** [pwcgov.org/parenting](http://pwcgov.org/parenting)

**Language(s):** ENGLISH & SPANISH



### INFANT & TODDLER CONNECTION OF GREATER PRINCE WILLIAM

**Community Services (CS)**

**Cost:** FREE assessment; sliding scale fee for services

**Contact:** 703-792-7879

**Email:** [ITCofPWC@pwcgov.org](mailto:ITCofPWC@pwcgov.org)

**Website:** <https://www.pwcgov.org/government/dept/cs/Pages/Infant-Toddler-Services.aspx>

**Language(s):** Interpretation services are provided for languages as needed.



## Parent Classes / LOUDOUN



### YOUTH & FAMILY SUPPORT SERVICES PROGRAM

**Loudoun County Health and Human Services**

**Contact:** 703-737-8237

**Website:** <https://www.loudoun.gov/998/Youth-Family-Support-Services-Program>



# Playgroups / ALEXANDRIA



## LEARN & PLAYGROUP

### The Center for Alexandria's Children

**Cost:** Free, but registration is required.

**Contact Person and Phone:** Sheena Arting, 703-746-6045

**E-mail:** [sheena@alexandriaskids.org](mailto:sheena@alexandriaskids.org)

**Website:** [www.centerforalexandriaschildren.org](http://www.centerforalexandriaschildren.org)

**Language(s):** ENGLISH & SPANISH



# Parent Support Groups / FAIRFAX



## STRONGER TOGETHER PEER SUPPORT GROUP

### Formed Families Forward

**Cost:** FREE, but must preregister

**Contact / Phone:** 703-539-2904

**E-mail:** [kelly.henderson@formedfamiliesforward.org](mailto:kelly.henderson@formedfamiliesforward.org)

**Website:** [www.formedfamiliesforward.org](http://www.formedfamiliesforward.org)

**Language(s):** ENGLISH



## VIRTUAL PARENT CAFES

### Fairfax County Department of Family Services

**Cost:** FREE

**Contact Person and Phone:** 703-324-7720

**E-mail:** [BuildingStrongerFamilies@fairfaxcounty.gov](mailto:BuildingStrongerFamilies@fairfaxcounty.gov)

**Website:** <https://www.fairfaxcounty.gov/familyservices/community-corner/parent-cafe-provides-community-of-support>

**Language(s):** ENGLISH & SPANISH





## Parent Support Groups / PRINCE WILLIAM



### ACTS SEXUAL ASSAULT SERVICES

**Cost:** Free

**Contact Person and Phone:** Lydia Teutsch, 703-497-1192

**E-mail:** lteutsch@actspwc.us

**Website:** <https://www.actspwc.org/>

**Language(s):** ENGLISH

## Parent Support Groups / LOUDOUN



### FAMILY EDUCATION PROGRAM

**INMED USA**

**Cost:** FREE

**Contact Person and Phone:** Gester Pino 571-465-2375

**E-mail:** gpino@inmed.org

**Website:** <https://inmedusa.org/programs/opportunity-center/family-education-and-support-groups/>

**Language(s):** SPANISH

## Other Parent Resources / ARLINGTON



### HEALTHY FAMILIES

**Northern Virginia Family Service**

Home Visiting - Healthy Families is a program that supports expectant and new parents with children from birth to age three, providing parent education, information on child health and development, developmental screenings and linkage to community resources.

**Cost:** FREE

**Contact Person and Phone:** Mandi Fisher, 571-748-2608 or Delmy Flores, 571-748-2711

**E-mail:** mfisher@nvfs.org or dflores@nvfs.org

**Website:** <https://www.nvfs.org/our-services/early-childhood-development/healthy-families/>

**Language(s):** ENGLISH, SPANISH, AMHARIC

# Other Parent Resources / ARLINGTON



## PREVENT CHILD ABUSE VIRGINIA

**1-800-Children**

**Cost:** FREE

**Contact Person and Phone:** 1-800-244-5373 or text 804-349-5595

**Website:** <https://www.familiesforwardva.org/1-800-children>

**Language(s):** ENGLISH



## COMPUTER CLASSES

### **Edu Futuro**

Bilingual digital literacy for adults that helps them obtain confidence using technological tools, such as: computer basics; how to navigate the Internet and professional use of email for the job search and application process.

**No. of Weeks:** 8

**Date:** Tuesdays - September 8 to October 27, 2020

**Time:** 6:00pm to 8:00pm

**Location:** The Springs Apartments - 555 North Thomas Street, N Carlin Springs Rd, Arlington, VA 22203

**Cost:** Free

**Contact / Phone:** Olga Oliveros, 703-587-3934

**E-mail:** [olga@edu-futuro.org](mailto:olga@edu-futuro.org)

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** SPANISH



## JOB ASSISTANCE WORKSHOP

### **Edu Futuro**

**Cost:** FREE

**Contact / Phone:** Olga Oliveros, 703-587-3934

**E-mail:** [olga@edu-futuro.org](mailto:olga@edu-futuro.org)

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** ENGLISH & SPANISH



## FINANCIAL WORKSHOP

### **Edu Futuro**

**Cost:** FREE

**Contact / Phone:** Olga Oliveros, 703-587-3934

**E-mail:** [olga@edu-futuro.org](mailto:olga@edu-futuro.org)

**Website:** [www.edu-futuro.org](http://www.edu-futuro.org)

**Language(s):** ENGLISH

## Other Parent Resources / ALEXANDRIA CITY



### HEALTHY FAMILIES

#### **Northern Virginia Family Service**

Home Visiting - Healthy Families is a program that supports expectant and new parents with children from birth to age three, providing parent education, information on child health and development, developmental screenings and linkage to community resources.

**Cost:** FREE

**Contact Person and Phone:** Alice Marin, 571-748-2629 or Maria Gonzalez, 571-748-2851

**E-mail:** [amartin@nvfs.org](mailto:amartin@nvfs.org) or [mgonzalez@nvfs.org](mailto:mgonzalez@nvfs.org)

**Website:** <https://www.nvfs.org/our-services/early-childhood-development/healthy-families/>

**Language(s):** ENGLISH, SPANISH, AMHARIC



### PREVENT CHILD ABUSE VIRGINIA

#### **1-800-Children**

**Cost:** FREE

**Contact Person and Phone:** 1-800-244-5373 or text 804-349-5595

**Website:** <https://www.familiesforwardva.org/1-800-children>

**Language(s):** ENGLISH

## Other Parent Resources / ALEXANDRIA



### LEARN & PLAYGROUP

#### **The Center for Alexandria's Children**

**Cost:** Free, but registration is required.

**Contact Person and Phone:** Sheena Arting, 703-746-6045

**E-mail:** [sheena@alexandriaskids.org](mailto:sheena@alexandriaskids.org)

**Website:** [www.centerforalexandriaschildren.org](http://www.centerforalexandriaschildren.org)

**Language(s):** ENGLISH & SPANISH





# Other Parent Resources / FAIRFAX



## HEALTHY FAMILIES

### **Northern Virginia Family Service**

Home Visiting - Healthy Families is a program that supports expectant and new parents with children from birth to age three, providing parent education, information on child health and development, developmental screenings and linkage to community resources.

**Cost:** FREE

**Contact Person and Phone:** Meron Tesfaye 703-324-7445

**E-mail:** meron.tesfaye@fairfaxcounty.gov

**Website:** <https://www.nvfs.org/our-services/early-childhood-development/healthy-families/>

**Language(s):** ENGLISH, SPANISH, ARABIC



## PREVENT CHILD ABUSE VIRGINIA

### **1-800-Children**

**Cost:** FREE

**Contact Person and Phone:** 1-800-244-5373 or text 804-349-5595

**Website:** <https://www.familiesforwardva.org/1-800-children>

**Language(s):** ENGLISH



## PLANNING THE HIGH SCHOOL TRANSITION TO POST-SECONDARY EDUCATION

### **Formed Families Forward**

**Location:** Webinar

**Cost:** FREE, but must register

**Contact/phone:** Kelly Henderson, 703-539-2904

**Website:** [www.formedfamiliesforward.org](http://www.formedfamiliesforward.org)

**E-mail:** [kelly.henderson@formedfamiliesforward.org](mailto:kelly.henderson@formedfamiliesforward.org)

**Language(s):** ENGLISH



## PANDEMIC PARENTING: BRAIN SCIENCE, HELP AND HOPE

### **Formed Families Forward**

**Location:** Webinar

**Cost:** FREE, but must register

**Contact/phone:** Kelly Henderson, 703-539-2904

**Website:** [www.formedfamiliesforward.org](http://www.formedfamiliesforward.org)

**E-mail:** [kelly.henderson@formedfamiliesforward.org](mailto:kelly.henderson@formedfamiliesforward.org)

**Language(s):** ENGLISH

# Other Parent Resources / FAIRFAX



## DISCOVERING FINANCIAL RESOURCES TO SUPPORT CHILDREN AND YOUTH WITH SPECIAL NEEDS IN FOSTER, ADOPTIVE, AND KINSHIP FAMILIES

### **Formed Families Forward**

**Location:** Webinar

**Cost:** FREE, but must register

**Contact/phone:** Kelly Henderson, 703-539-2904

**Website:** [www.formedfamiliesforward.org](http://www.formedfamiliesforward.org)

**E-mail:** [kelly.henderson@formedfamiliesforward.org](mailto:kelly.henderson@formedfamiliesforward.org)

**Language(s):** ENGLISH



## INFANT DEVELOPMENT PROGRAM

### **Fairfax County Health Department**

**Cost:** FREE, but must be a resident of Fairfax County and limited to children ages 0-2

**Contact/phone:** 703-246-8450 TTY711

**Website:** <https://www.fairfaxcounty.gov/health/infant-development>

**E-mail:** [health@fairfaxcounty.gov](mailto:health@fairfaxcounty.gov)

**Language(s):** ENGLISH



## THE PARENT RESOURCE CENTER

### **Fairfax County Public Schools (FCPS)**

**Cost:** FREE

**Contact/phone:** 703-204-3941

**Website:** <https://www.fcps.edu/resources/family-engagement/parent-resource-center>

**E-mail:** [prc@fcps.edu](mailto:prc@fcps.edu)

**Language(s):** ENGLISH



**Infant and Toddler  
Connection**

*of Fairfax and Falls Church*

## INFANT & TODDLER CONNECTION OF FAIRFAX-FALLS CHURCH

### **Fairfax-Fall Church Community Services Board**

**Cost:** Free assessments, sliding scale fee for services

**Contact/phone:** 703-246-7121

**Website:** <https://www.fairfaxcounty.gov/office-for-children/infant-and-toddler-connection/>

**E-mail:** [susan.sigler@fairfaxcounty.gov](mailto:susan.sigler@fairfaxcounty.gov)

**Language(s):** interpretation services are provided for any language as needed



## Other Parent Resources / LOUDOUN



### PREVENT CHILD ABUSE VIRGINIA

#### 1-800-Children

**Cost:** FREE

**Contact Person and Phone:** 1-800-244-5373 or text 804-349-5595

**Website:** <https://www.familiesforwardva.org/1-800-children>

**Language(s):** ENGLISH



### WORKSHOPS AND OTHER SERVICES

#### Parent Education Advocacy Training Center (PEATC)

**Location(s):** Loudoun County, Fairfax, Alexandria, Prince William, Arlington

**Cost:** FREE

**Contact Person and Phone:** 703-923-0010

**Website:** <http://www.peatc.org/>

**Language(s):** ENGLISH & SPANISH



### MOBILE HOPE

#### Mobile Hope

Providing essential needs and services to young adults that live in Loudoun County

**Cost:** FREE

**Contact Person and Phone:** 703-771-1400

**Website:** <https://www.mobilehopeloudoun.org/>

**Language(s):** ENGLISH & SPANISH

## Other Parent Resources / PRINCE WILLIAM



### PREVENT CHILD ABUSE VIRGINIA

#### 1-800-Children

**Cost:** FREE

**Contact Person and Phone:** 1-800-244-5373 or text 804-349-5595

**Website:** <https://www.familiesforwardva.org/1-800-children>

**Language(s):** ENGLISH



## Other Parent Resources / PRINCE WILLIAM



### HEALTHY FAMILIES

#### **Northern Virginia Family Service**

Home Visiting - Healthy Families is a program that supports expectant and new parents with children from birth to age four, providing parent education, information on child health and development, developmental screenings and linkage to community resources.

**Cost:** FREE

**Contact Person and Phone:** Natalie Gomez 571-748-2688 or Karissa Carcamo 571-748-2642

**E-mail:** [ngomez@nvfs.org](mailto:ngomez@nvfs.org) or [kcarcamo@nvfs.org](mailto:kcarcamo@nvfs.org)

**Website:** <https://www.nvfs.org/our-services/early-childhood-development/healthy-families/>

**Language(s):** ENGLISH & SPANISH



### FAMILY WORKSHOPS

#### **SCAN of Northern Virginia**

**Cost:** FREE

**Contact Person and Phone:** Kristy Ferrufino, 703- 672-1410

**E-mail:** [kferrufino@scanva.org](mailto:kferrufino@scanva.org)

**Website:** <https://www.scanva.org/support-for-parents/parent-education-program/>

**Language(s):** ENGLISH & SPANISH

